Panel examines mind-body role in health

BY ALFRED CHARLES

T he long-simmering debate that has pitted Western science against Eastern healing practices came to Emory during a panel session on March 29 that attempted to find common ground between the two disparate disciplines. The 7 p.m. lecture, “Mind-Body Connections and the Search for Health: Past, Present and Future,” drew about 150 people to WHSCAB for the two-hour presentation. The overriding theme of the program was the role patients’ minds play in their quest for health and well-being.

Charles Raison, an assistant professor of psychiatry who works in Emory’s Mind-Body Program and has long been a supporter of Eastern healing practices, laid out the school of thought espoused by Western medical practitioners, while Pema Dorjee, chair of the Tibetan Medical Council and a leading scholar of Tibetan medicine, provided the beliefs of Eastern medical healers. Anne Harrington, a Harvard faculty member who currently holds Emory’s Nat C. Robertson Distinguished Professor in Science & Society post, provided some historical insight into how attitudes about the mind-body connection have evolved over the years.

The discussion was the result of collaboration between the University’s Program for Science & Society and the Emory Tibet Partnership, which aims to link Tibetan wisdom with Western academic traditions. The fascination at Emory’s campus with science and Buddhism has surged in recent years. One of the Dalai Lama’s closest assistants for the last 15 years, Geshe Lhakdor, recently spoke on campus about the relationship between science and spirituality.

But the debate about holistic healing is not limited to the University. As the “Mind-Body Connections” lecture began, the panel’s moderator told the audience that they could continue their participation in the subject by watching a documentary later that night on public television that chronicled the effort by patients around the country who are seeking treatment that mixes Western science with Eastern mind healing techniques. The PBS documentary “The New Medicine” examines how holistic medicine is being used in some quarters alongside traditional health care approaches.

Harrington reminded the Emory audience that, a generation ago, a significant portion of affluent Americans were enthralled by transcendent meditation (TM), a belief founded and practiced by Maharishi Mahesh Yogi, who taught his followers that his meditation practices could lower stress while boosting health, intelligence, energy, happiness and self-esteem.

Harrington, a science historian, said that Western scientists would later conclude that the meditation approach turned off stress responses. “Meditation became a lot less interesting,” she said. “It could be deconstructed.”

But Harrington said the medical’s field renewed fascination with Eastern healing practices stems from the “hunger we have on spiritual levels.”

Said Harrington: “There is no question that the re-introduction of Tibetan philosophy has reenergized the [medical] field.”

Dorjee, responding to a question from the audience, suggested that it was possible for Western medicine and Eastern beliefs to maintain their different points of view, but far preferable would be the creation of a third belief system that mixes the best of both practices.

“If we could share and exchange views and produce something new, that would be wonderful,” he said.
What is public health?

A s public health students, my peers and I agree that, more often than not, what we study is misunderstood. When we speak of people—family, friends, complete strangers—we’re working toward a public health degree, the most frequent response is: “So, you’re going to be a doctor?”

While it is true that many public health students do go on to become doctors (not only the medical kind but many varieties), it’s also to say these are the minority of students who pass through the Rollins School of Public Health.

Former U.S. Surgeon General C. Everett Koop said, “Health care matters to some of us all of the time; public health matters to all of us all of the time.” Dr. Koop’s statement may be a paradox in that way: why public health is so often misunderstood.

Incorporating biological, political and social sciences, public health is a diverse field that provides services that are essential to the collective well-being of populations. These services include monitoring and evaluating the health status of communities; providing those communities with health information and education to enable them to make informed decisions; conducting research and development of cutting-edge health interventions; and providing outreach to ensure individuals receive the appropriate health services. These things often can fly under the radar of the average man or woman, but on a population level, they are indispensable.

Ultimately, every student of public health will put his or her studies to practice in a very different way, but they all share a common goal. Whether studying health behavior and education, global or environmental health, health policy and management, biostatistics or epidemiology, the aim is to ensure that the healthiest of lives is lived by individuals, locally and nationally, and globally.

To some, this may sound idealistic and lofty. The best way to illustrate how public health professionals work is through a few examples:

Historically, public health achievements—such as improved public sanitation systems, Pasteurization of milk and vaccine development—yielded direct, quantifiable successes such as increased life expectancy and decreased infant mortality. However, contemporary public health issues present us with new complexities that require innovative and interdisciplinary approaches and solutions.

Consider perhaps our most salient population, one affected by the COVID-19 pandemic: children. Some may recall the April 2003 headline in The New York Times indicating that 25 percent of children in Harlem suffer from asthma. Or, consider the ubiquitous reports of an “obesity epidemic” among U.S. children, current figures indicate that approximately 40 million American children are considered obese, putting themselves at risk to develop chronic conditions such as diabetes and heart disease. These are just two of the millions of reasons why public health professionals fight today.

Recent research indicates that trends in childhood obesity may be linked to patterns in urbanization and the built environment (the communities where we live, including schools, shopping malls, residential and recreational areas) that surround today’s children, who tend to exercise less, eat less healthy foods and watch more televisions than their older generations. All these trends are associated with kids’ growing waistlines and an increase in obesity and related health conditions.

Moreover, public health professionals have developed numerous programs to combat obesity among children in relation to the built environment. For example, International Walk to School (www.iwalktoschool.org) is a program that seeks to increase one’s fitness through a basic form of exercise: walking to school. And the CDC developed its “Guides to Community Preventive Services” (www.commu nityguide.org) to help promote physical activity, as well as review and evaluate interventions, such as changes to physical education curricula.

What is public health?
By all accounts, Zoher Kapasi is a modern day Renaissance man. Consider the evidence: He is an associate professor of physical therapy in the Department of Rehabilitation Medicine who also happens to be associate director of the physical therapy program in the Center for Rehabilitation Medicine; he has earned a Ph.D. in anatomy and is a licensed physical therapist in the state of Georgia; he is a small business owner; a published author of poetry; and, if that wasn’t enough, he is about a month shy of earning a modular executive MBA from Goizueta Business School. Considering the fact that since he moved to the United States just 19 years ago, Kapasi has racked up an impressive list of achievements, rooted in his passion for academia. “I have always been interested in academia. “I love learning,” he says. “And I have a lot of interests.”

Kapasi, 42, serves as a prime example of someone who has taken advantage of his position at Emory. He is using the University’s Courtesy Scholarship to defray the costs of obtaining his MBA. And Kapasi believes his decision to obtain an MBA will make it easier for him to advance his career, hopefully going one day from associate director to director.

For Kapasi, a gentle man with an engaging personal- ity, the journey to his future began in India, his native coun- try. He obtained a bachelor’s degree in 1983 and a master’s degree three years later at the University of Bombay in India. Kapasi decided to move to America to obtain a doctorate because his university did not offer the degree in his field. He enrolled at the Medical College of Georgia, earning a Ph.D. in 1991. While doing postdoc work, he was recruited in the fall of 1994 to Emory, lured by the dual prospect of being able to perform research while also teaching. “One can only do so much teaching,” he said. “Research keeps me occupied.”

Kapasi has found his niche in Emory’s physical therapy department, but about two years ago he ventured out of the School of Medicine and landed in the business school, where he is taking on another role: student. Through Goizueta’s modular executive MBA program, he is scheduled to receive his degree in May. Its rigorous course work requires students to devote a complete week every month to their studies for 20 months during classes that meet every quarter. When classes are not in session, stu- dents are still engaged through online curricula or post-lecture assignments.

So the question becomes: Why would Kapasi, who already holds a number of degrees and a works very busy full-time job as a physi- cal therapy administrator and professor, take on the challenge of obtaining another advanced degree? “I have always been interested in academia,” said Kapasi. “It’s not so much ambition, but it’s what my heart wants to do. I feel I can do it and be good at it.”

It appears that Kapasi has found success as a business student. “He brought some out- standing insights to the class- room,” recalls Rich Makadok, a Goizueta faculty member who taught Kapasi during a class titled “Strategic and Competitive Analysis.” “He was a very strong contributor to class discussion.”

In a practical sense, Kapasi maintains that earning an MBA will affirm his management skills, abilities he believes are vital for any physical therapist to have because of many of them operate their own practices. It is a belief Kapasi knows first hand because he and his wife, Manisha, own and manage two physical therapy clinics in Gwinnett County.

Kapasi said his wife does the heavy lifting in the clinics’ operation. Even so, he is avail- able to help out when needed. From his own experience at his clinics, Kapasi has learned that physical therapists should have a command of basic busi- ness skills in order to succeed. “If we don’t give our physi- cal therapy students entrepre- neurial skills, they are not going to thrive,” he said. “It does us no good to train these people in physical therapy and then not train them on how to market their skills.”

To that end, Kapasi has partnered with administrators at Goizueta to create two new initiatives for physical therapy students. One is an elective class, akin to Business 101, which health students would take in their final semester. It would teach students rudimentary business and management skills, such as how to read financial statements. Kapasi said he hopes the class will be available to students by spring 2007. The other initiative is a dual degree that would confer a Ph.D. in physical therapy and an MBA to students who com- plete the specialized program.

Said Kapasi: “A lot of physi- cal therapists do move on to administrative positions, and I think this [degree program] gives our students more opportuni- ties.”

The dual degree offering is in the final stages of administr- ative planning and could be a reality by this fall. In his spare time, Kapasi also has his hands full. He is a husband and a father of a 4- year-old girl who has a lot of energy. “A lot of my time is spent playing with my 4-year-old,” said Kapasi, adding that he likes to read and watch movies when he can. “She keeps me busy.”

Kapasi does manage to squeeze in time to write poetry. One of his poems has been published in “O, Georgia,” a collection of writings by fledg- ing authors. Kapasi’s poem is titled “Disabled Souls,” and, as befits a physical therapist, tells the story of a wheelchair-bound protagonist who has to manage life without legs.

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The dual degree offering is in the final stages of administrative planning and could be a reality by this fall. In his spare time, Kapasi also has his hands full. He is a husband and a father of a 4-year-old girl who has a lot of energy. “A lot of my time is spent playing with my 4-year-old,” said Kapasi, adding that he likes to read and watch movies when he can. “She keeps me busy.”

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By Alfred Charles

Balancing Act: Physical therapy professor on the move

Zoher Kapasi, associate professor of physical therapy and associate director in the Center for Rehabilitation Medicine, is a few weeks away from receiving an MBA from Goizueta Business School. The accomplished scholar has a thirst for academia. “I love learning,” he says. “And I have a lot of interests.”

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Sincerely,

Pamela Lawhead
Director, The Institute for Advanced Education in GeoSpatial Sciences
Associate Professor, Computer and Information Science
University of Mississippi

April 3, 2006
Ransom's busy schedule brings rich musical fare to Emory

BY NANCY CONDON

The Los Angeles Philharmonic and one-time Atlanta Symphony Orchestra concertmaster (April 7, noon, free, Carlус Museum).

Ransom is also organizing ECMSA's Emory Prize concert, at which a leading young pianist from Japan's 2005 Kasahibara Pianists Camp—in which Ransom has taught since 1998—makes her debut U.S. performance (May 5, noon, free, Carlус Museum). For more information about the Emory concert, call 404-727-5070 or go to www.arts.emory.edu.

Later this month, Ransom travels to Dallas to record Stephen Paulus' "Concerto for Piano and Winds," which the Minnesota Orchestra wrote especially for Ransom and which the pianist premiered at the Schweitz Concert Hall on February with the Emory Wind Ensemble, conducted by Scott Stewart. In Texas, Ransom will record the concerto with the winds ensemble from Southern Methodist University (conducted by Jack Delaney), which co-commissioned the work with Emory. In June, he performs with violinist Regina Carter at the Atlanta Historical Society Music Festival, and in July he goes to the Highlands-Cashiers Chamber Music Festival in North Carolina, where he has been artistic director since 2000.

In 1985, Ransom joined the Emory faculty to help build music studies and has been an integral part of the department's growth ever since.

"The position at Emory was very attractive to me, and because it was in a major city, but also because it was in a school with such a strong beginning of artistic growth," Ransom said.

What came, the music department had only 35 music majors; it boasts 119 today. "We also had absolutely no facilities. We were housed in the basement of the Humanities Building, which would flood every year, and teaching in closets and bathrooms," he added.

Ransom takes pride in the music department today. "Most of our students are double majors, or planning on becoming professional musicians. There are so many more students who have spent performers with degrees year after year who have no jobs. What do we do is provide a fundamental appreciation for music and the performance of music."
Song and dance from around the world are part of the fare at the International Cultural Festival, which will celebrate its 30th anniversary when it is held April 8 at McDonough Field.

During the most recent years, the festival was held on the Quad but will move this year for a variety of reasons, including weather. Last year’s stormy weather prompted organizers to move the festival at the last minute because the soggy Quad ground couldn’t accommodate the revelers.

This year’s event is being held at McDonough Field, and the P.E. Center will serve as the back-up site if inclement weather pops up again.

A host of departments from throughout the campus, including biochemistry, political science, religion, theater studies and sociology, have signed on as event contributors by donating money.

The festival is a virtual reminder that Emory’s student body is made up of students from throughout the world. The United Nations says that as many as 1 in 5 students at Emory are international students, and this year will top them.

The festival is accessible to all,” said Stamey, who works with students organizers virtually year-round to plan the event. “It is a tradition at Emory and serves a beautiful purpose.”

One week after the festival, Emory’s campus will host another international event this time focusing on Korea.

Korean Culture Night is scheduled for Saturday, April 15, from 6-8 p.m. in White Hall. A host of dignitaries, including the Korean Consulate General and Emory President Emeritus Jim Laney, a former U.S. Ambassador to Korea, are expected to attend.

The event is sponsored by the Korean Undergraduate Students Association and Korean International Students at Emory.

Women’s History from page 1

If you have a question or concern for PCORE, e-mail Chair Donna Wong at dmwong@emory.edu.
McDonald lecture explores bonds of rights

BY ROBYN MOHR

O n Wednesday, March 29, retired Yale theologian Nicholas Wolterstorff gave a sneak preview of his new book, Justice and Human Rights, soon to be published by Harvard University Press.

Wolterstorff, Noah Porter Professor Emeritus of Philosophical Theology at Yale, discussed the moral terms and concepts of rights, as well as debated the legitimacy of rights and justice. Wolterstorff also attempted to reconcile the different definitions of rights from religious, political and societal standpoints.

Wolterstorff came to Emory as part of the McDonald Lecture Series, sponsored by the Center for the Study of Law and Religion, which focuses on Christian jurisprudence. He was introduced by John Witte, professor of law and ethics and a former student of Wolterstorff at Calvin College.

Wolterstorff began by defining “rights” as normative social relationships—bonds that should always be viewed in regard to someone else. “If a bond,” he said, “is not generated by will or contention. It is already there. You cannot break the normative bond if you violate it.”

When one bears a legitimate claim against another, to violate the legitimate claim is a violation of rights, Wolterstorff said, which can stem from either action and from failure to act. Rights are the boundary markers of society, and it is never acceptable to pursue a common good in life if it comes at the cost of demeaning someone else.

“If in pursuing life goods, you deprive someone of that good to which she has a right, it is not allowed,” Wolterstorff said. “Sometimes, by not enhancing the well-being of another, you are not giving her due respect and are therefore violating her rights.”

“Professor Wolterstorff sketched out, with remarkable efficacy, the complex interplay of rights and duties, liabilities and claims, just and mercy, within a moral or normative framework,” Witte said.

To eliminate rights talk move was to show how the abolition of liability and guilt by a rights violator is related to—but not the same as—the vindication of rights and liberties by the rights violator.

Rights, as Wolterstorff sees them, are the foundation of the human person as a communion of persons. They need to be “brought to speech,” and discussion should regard all bonds of rights, rather than a debate of the rights themselves.

Wolterstorff divides rights into two dimensions, the “recipient dimension” and the “agent dimension.”

“To eliminate rights talk would eliminate the recipient dimension of the moral order,” said Wolterstorff, “and that would risk the agent dimension of obligations.”

According to Wolterstorff, some people view rights as duties or obligations, and he defined “being guilty” as failing to do what you were obligated to do. “The lecture” was a devastating critique of those who would wish to eliminate all rights to duties only.

This was precisely the kind of subtle grounding of rights talk and the debunking of rights denial that one would expect from a world class philosopher.”

Heart & mind both find home at Oxford teaching-learning event

BY MICHAEL TERRAZAS

S ome 160 educators from around the country converged on the Oxford College campus, March 24, to explore the complex interplay between mind and heart when it comes to learning, and how they can take advantage of both aspects to maximize teaching effectiveness.

“The Scholarship of Teaching and Learning. The Cognitive-Affective Connection” incorporated more than just the standard fare of academic conferences (lectures, panel discussions, etc.) Professional actors were part of the program, as the University of Michigan’s CRLT Players (named for the school’s Center for Research on Learning and Teaching) opened the day with a dramatization of the effects of rights violations in a classroom problem in a script titled “X and Y.”

Scene 1. A young, white female graduate teaching assistant leads an introductory statistics class for five students. The subject: Correlations between household income and student mortality rates. Student #1 (white male) raises his hand to ask what qualifications as income. “Don’t we need to ask what constitutes income?” (Yes, says the instructor.) Student #2 (black female) turns to Student #1. “Why are you asking this?” The first student replies (“I’m just asking a question”), then mumbles something under his breath about how, perhaps, “poor people shouldn’t have babies.”

From there, predictably, the class careers off the rails. Not knowing how to handle the situation, the increasingly anxious graduate TA eventually shuts down all discussion, and the students seldom supply their minds no longer attuned to the world of statistics.

What should have been done differently? Remaining in character, the actors fielded questions about their motivations from the audience, and CRLT director and moderator Jeff Steiger kept the discussion moving, even inviting audience members on stage to show how they would have acted as instructors. Finally, Steiger switched up the casting. What if the teacher were a white male, Student #1 a black female, and Student #2 a white female? How would this have altered the dynamics?

In the afternoon, Amherst College’s Arthur Zajonc developed the idea of the class to be co-teachers with a colleague that teaches first-year students how to blend “Eros and Insight.”

“Cognitive-affective teaching,” Zajonc said, calling attention to the term. “Doesn’t that make us feel like professors in some important discipline? Really it just means the relationship between knowledge and good feeling.”

That relationship is a crucial one, Zajonc continued, quoting the likes of Rilke and Goethe, as well as famed pedagogue Parker Palmer. The Amherst physicist describing how intelligent young students in his class break out of the mold into which they’ve been cast—one where they’re expected simply to regurgitate knowledge. They think they will please the professors—and learn to truly open their eyes and experience the world around them.

“Contemplative education,” Zajonc said, “is transformative education.”

Conference organizer and Oxford psychology Professor Patti Owen-Smith broke up the morning theater show and Zajonc’s afternoon keynote with split-session panel discussion on topics like “Heeding Students’ Voices” and “Cognitive-Affective Learning in Math and Science.” And lining the small Turbutton Performing Arts Center lobby were poster displays related to the conference’s subject, such as one advertising Oxford’s own Journal of Cognitive Affective Learning, an online, peer-reviewed publication.

“Not by accident this meeting was held here,” said Oxford Dean Steve Bowen. “Oxford professors take students seriously; we expect to get to know them as individuals—their affective natures as well as their cognitive natures.”


campus news

U.S. News rankings assess Emory’s graduate schools

BY ELAINE JUSTICE

S everal of Emory’s graduate schools and programs are among the best in the nation, according to U.S. News & World Report’s 2007 edition of its “America’s Best Graduate Schools” guide. The rankings will be reported in a newswide book and the issue of U.S. News due on newsstands April 3.

Emory’s schools of law, business and medicine were the top-ranked schools in Georgia in their respective categories. The University’s joint Department of Biomedical Engineering with Georgia Tech is ranked third in the nation, while Goizueta Business School ranked 18th. The School of Law ranked 26th, along with the School of Medicine, which ranked 26th among research-oriented medical schools and 41st among primary care-oriented medical schools.

“Emory’s partnership with Georgia Tech is an example of what can be accomplished,” said Michael Johns, executive vice president for health affairs.

“Our consistent recognition among the nation’s best can be attributed to the expertise and accomplishments of our faculty and students,” said medical Dean Tom Lawley. “Although these rankings vary from year to year, our school is in fact on a strong upward trajectory that includes innovative curricular changes, strengthening of research and the development of cross-cutting partnerships throughout the medical school and with other institutions of the University.”

Goizueta’s Cliff W. Odom Executive MBA program ranked 10th in the nation; the program also ranks sixth globally in BusinessWeek’s “Recognition by corporate recruiters and our peer schools.”

“I am honored,” said Goizueta Dean Larry Benveniste. “We appreciate the acknowledgment, and we will continue investing in top-tier faculty and research, strengthening the curriculum and further enhancing our leadership development initiatives.”

Ph.D. programs in the sciences were newly ranked this year, with the assessments based solely on reputational surveys. Emory’s Ph.D. program in biological sciences ranked 32nd, while the doctoral program in chemistry ranked 38th.

Several health-related programs were not surveyed this year. As a result, (according to U.S. News) the Rollins School of Public Health remains in ninth place nationally, and the Nell Hodgson Woodruff School of Nursing remains 26th.


“One measure of our graduate and professional programs is this annual assessment of reputation offered by U.S. News,” said Provost Earl Lewis. “While such numbers never tell the full story, they do serve as a benchmark, allowing us to see how we compare to others.”

This year we see that we have much to celebrate and the opportunity for continued development.”
Dean’s visit marks progress of Emory-Peking relationship

BY HOLLY KORSCHUN

Professor Qi-de Han, dean of Peking University Health Sciences Center in Beijing, visited Emory last week to discuss research and educational partnerships between the two institutions. Last October, officials from the two schools signed a memorandum of understanding for scientific collaboration during a visit to China by an Emory delegation that included President Jim Wagner, Provost Earl Lewis, Executive Vice President for Health Affairs Michael Johns, Vice President for Academic Health Affairs Jeffrey Kaplan and several University scientists.

During Han’s visit to Atlanta on March 27, Johns presented him with Emory’s Woodruff Medal for his scientific career of distinction. Woodruff’s scientific career began in 1985 when, as a Peking faculty member, he was invited by former Emory President Jim Wetherill to be a visiting scholar in pharmacology. For the next seven years, he returned to China for three months each year to conduct joint study and research in the laboratory of Emory pharmacologist Kenneth Minneman.

“The mission of the Woodruff Health Sciences Center is ‘making people healthy,’ and global health is one of the key tenets of Emory’s strategic plan,” Johns said.

“Emory has strong global partnerships in medicine and public health through our schools of medicine, public health and nursing and through our partnership with the CDC. This scientific collaboration with Peking University Health Sciences Center creates an exciting opportunity for Emory to create a meaningful partnership with the premier academic health center in China.”

“I firmly believe that, in cooperation, we will be able to…accelerate the development of the two institutions and make even greater achievements,” Han said after receiving the Woodruff Medal. “Maybe we should broaden our view from our two universities to two nations. “The United States and China are both great nations, and there has been a tradition of friendship between two peoples,” he continued. “In the face of global economic challenges, the two countries become even closer with common interests in broad areas. We have every reason to believe that Sino-U.S. relations will be getting better and that Chinese and Americans will enjoy friendships for generations.”

Plans are under way for joint research projects between the two universities related to genetics and cancer. Peking University Professor Li Zhubi has collaborated with Emory and CDC investigators for years on epidemiological research related to birth defects. Li is the Chinese leader of the international team that conducted the definitive study that foiled supplementation during pregnancy greatly reduces the incidence of neural tube defects (spina bifida). Li has established a network of research field stations throughout China. Joseph Cubells and Michael Zweck, both Emory faculty in human genetics, are planning to work with Li and his colleagues to collect large numbers of DNA samples in Chinese and American subjects to study differences in susceptibility to infectious diseases, birth defects and other preventable illnesses. Field trials in China, scheduled to begin soon, will establish the technical aspects of successful DNA action.

“We are very excited at the prospect of collaborating with our Chinese colleagues on a wide variety of genetic studies that will ultimately benefit both of our great nations,” Cubells said.

Haian Fu, professor of pharmacology and oncology at Emory, is working with his Chinese colleagues to develop research collaborations in cancer and drug discovery, and to identify potential exchange scholars who could train in Emory laboratories in cancer biology and pharmacology. Clinical interactions between Winship Cancer Institute and the Emory University School of Medicine’s Health Sciences Center Cancer Hospital could eventually include joint clinical trials for new drug development.

In addition, Emory’s program in population biology, ecology and evolution has recruited a Peking graduate student who will receive a prestigious Woodruff Fellowship.

FOCUS: HEALTH & WELLNESS

Tour de Georgia rides into town, April 18–23

The saying goes, “April showers bring May flowers.” But, since the month of April in Georgia averages next to last in rainfall, it is inclined to believe that it is now our “April Cyclers”—those in the Tour de Georgia—who bring forth the bloom of spring in Georgia.

Emory HealthCare is proud once again to be a sponsor of the 2006 Ford Tour de Georgia, fast becoming a premier sporting event. This month’s fourth annual race, to be held April 18–23, will crosswiss more of our state as well as points in North Carolina, South Carolina, Tennessee and Alabama. It promises to bring a new blossoming of interest in cycling, both as a sport and as a terrific form of exercise and leisure-time activity.

The Ford Tour de Georgia benefits the Georgia Cancer Coalition, an organization dedicated to battling a disease that is the cause of almost a quarter of all deaths in Georgia and the second-leading cause of death in the state. Unless current trends are reversed, chances are that one in two men and one in three women in Georgia will develop cancer sometime during their lifetime.

The Georgia Cancer Coalition supports and leverages resources, organizations and individuals throughout the state, including many within Emory Healthcare. By working together, we are making progress to control—and, eventually, to cure and even prevent—this great scourge on our state and our nation.

Another reason we are so pleased to help sponsor this race is that it enables us to shine a spotlight on the health benefits and fun of bicycling—and also on important measures adults, children and families can take to maximize their safety while cycling.

According to the National SAFE KIDS Campaign, approximately 25 percent of children age 5 and younger are bicycle-related injuries and an increasing number of adults. But when ridden improperly, without sufficient training or protective gear, bicycles can be the source of many preventable injuries.

Nationwide each year, bicycle accidents result in a half-million hospital visits and more than 700 deaths that are mostly the result of head injuries. That’s why bicycle safety starts with wear ing a helmet: Georgia law requires anyone age 16 or younger to wear a helmet when riding a bike on public roads, sidewalks or bike trails. But it everyone should wear helmets.

All of the world-class cyclists in the Ford Tour de Georgia, you will notice, will wear a helmet:

• Follow other safety tips.

— Maintain your bicycle in good working order. Before riding, always check essentials like breaks and tires.

— Wear clothing that lets air through, bright colors make you easier to see. If you must bike at night (no kids!) you must have a head light, a flashing taillight and reflectors.

• Take advantage of special routes for cyclists. Whenever possible, use marked bike lanes and off-road bike paths.

• Obey the rules of the road. Bicyclists must follow the same laws as motorists. Stop at red lights and stop signs. Use appropriate hand signals. Stop and look before entering a roadway.

• Use care on walkways. Always watch for pedestrians. If coming up behind a walker, announce yourself in plenty of time: “Coming up on your left!”

• Bicycling is terrific fun and exercise for the whole family. A race like the Tour de Georgia is a great way to participate in, but also to volunteer for and watch. Last year, more than 4,000 people volunteered to help, and some 800,000 more lined the routes to watch and cheer on the competitors.

For more information on how to join the fun, visit www.tourdegeorgia.com. I think you will agree that, as a rite of spring, April cyclists are far preferable to April showers!

Michael Johns is executive vice president for health affairs.

Emory President Emeritus Jim Laney (left) and Executive Vice President Michael Johns flank Peking University pharmacologist Qi-de Han, who was awarded the Woodruff Medal, March 27.
**PERFORMING ARTS**

**THURSDAY, APRIL 6**

**Film**  

**Concert**  
The Prairie Winds, presenting 8 p.m. Emeson Concert Hall, Schwartz Center. $10. For faculty and staff and discount groups; Emory students free. 404-727-5050.

**FRIDAY, APRIL 7**

**Concert**  

**Dance Performance**  

**SATURDAY, APRIL 8**

**Dance Performance**  

**Concert**  
Barunskedi, Voices: A Student A Capella Celebration. Aural Pleasures, Voices of Inner Strength, No Strings Attached, Emory University Chorus, Emory University Concert Choir, the Gathering and AHANA, performing. 8 p.m. Enerson Concert Hall, Schwartz Center. Donations requested. 404-727-5050.

**SUNDAY, APRIL 9**

**Dance Performance**  

**Concert**  

Carlos Museum Exhibit  
“Greek and Roman Art.” Carlos Museum. Free. students, faculty, staff & members, $7 suggested donation. 404-727-4282.

**LECTURES**

**MONDAY, APRIL 3**

**European Studies Seminar**  
“Defying Aristotle’s Iron Grip: The Rejection of Just Logic in 17th-Century China.” Joachim Kurtz, REALC, presenting. 11:30 a.m.-12:15 p.m. 421 Emory University YMCA. Free.

**ELLMAN LECTURE**  
“Three Masters: Cervantes, Borges and Ortega y Gasset.” Mario Vargas Llosa, novelist, presenting. 2:30 p.m. 323 Bowden Hall. Free. 404-727-6577.

**TUESDAY, APRIL 4**

**ELLMAN LECTURE**  

**WEDNESDAY, APRIL 5**

**History Lecture**  
“An Anthropology of Empire: Scandal, Culture and the British Conquest of India.” Nicholas Dirks, Columbia University, presenting. 11:30 a.m.-12:30 p.m. 323 Bowden Hall. Free. 404-727-6555.

**Religion Lecture**  

**LINGUISTICS LECTURE**  
“Why Duda Abides American Language and American Masculinities.” Scott Kiely, University of Pittsburgh, presenting. 4 p.m. 206 White Hall. Free. 404-727-7904.

**MARIAL LECTURE**  
“Global Families: Understanding Wage Migration From Nepal.” Kathryn March, Cornell University, presenting. 4 p.m. 413E Brumfield Hall. Free. 404-727-3440.

**TOWN HALL**  

**THURSDAY, APRIL 6**

**Surgical Grand Rounds**  
“Evidence Based Surgery: The Case for Coronary Bypass.” Robert Guyton, medicine, presenting. 7 a.m. Emory Hospital Auditorium. Free. 404-721-2196.

**Physiology Lecture**  
“Variability, Homeostasis and Compensation in Rhythmic Motor Networks.” Eve Marder, Brandeis University, presenting. 9 a.m. 600 Whitehead Building. Free. 404-727-7401.

**Health Lecture**  

**Enironmental Studies Lecture**  
“Losing it All to Sprawl: How Prosperity Ate My Cracker Landscape.” Bill Belleville, presenting. 4 p.m. NS06. Math and Science Center. Free. 404-727-4253.

**AFRICAN STUDIES LECTURE**  

**Spanish Studies Lecture**  

**Art Lecture**  
Alice Aycock, presenting. 7 p.m. Carlos Hall, Carlos Museum. Free. 404-727-6315.

**FRIDAY, APRIL 7**

**Law Lecture**  
“Why Did the ‘Production and the law.” Martha Fineman, law, and Emily Mason, Feminist Women's Health Center, presenting. 9 a.m. 5423 Callaway Center. Free. 404-727-7601.

**Legal Arts Lecture**  

**CARLOS MUSEUM LECTURE**  

**MONDAY, APRIL 10**

**Asian Studies Lecture**  
“The Rise and Fall of the Mongol Empire.” Timothy May, North Georgia College and State University, presenting. 4 p.m. 111 White Hall. Free. 404-727-6280.

**SUNDAY, APRIL 9**

**University Worship**  
Bridgette Young, preaching. 11 a.m. Sanctuary, Cannon Chapel. Free. 404-727-6225.

**SPECIAL**

**MONDAY, APRIL 3**

**EndNote Workshop**  
2 p.m. 310 Woodruff Library. Free. 404-727-0147.

**TUESDAY, APRIL 4**

**Google Scholar Workshop**  
2:30 p.m. 310 Woodruff Library. Free. 404-727-0178.

**Government Documents Workshop**  
4 p.m. 310 Woodruff Library. Free. 404-727-6963.

**Newspaper Research Workshop**  
4 p.m. 727-0657.

**WEDNESDAY, APRIL 5**

**Information Security Awareness Conference**  
8:30 a.m. Cox Hall Ballroom. Free. 404-727-4962.

**Community Building Informational Meeting**  
5:30 p.m. 362 Dobbs Center. Free. 404-712-9692.

**SPECIAL**

**MONDAY, APRIL 10**

**Liberal Arts Lecture**  

**Wesley Clark to inaugurate Lecture, April 10**

Wesley Clark to inaugurate Lecture, April 10  
Retired U.S. Army General and former presidential candidate Wesley Clark will deliver the first Charles R. Yates Lecture, April 10 at 7 p.m. in Glenn Auditorium. Clark served from 1987-2000 as Supreme Allied Commander of NATO and commander-in-chief of the U.S. European Command. A 1966 West Point graduate, he finished first in his class and went on to become a Rhodes Scholar at Oxford University, earning a master’s degree in philosophy, politics, and economics. Clark was a Democratic candidate for president in the 2004 election. His lecture is the inaugural event in the Charles R. Yates Lecture Series, made possible by the Robert T. Jones Jr. Scholarship Endowment. A 1999 Emory honorary degree recipient and an Emory parent, Yates helped found the Bobby Jones Scholarship in 1976. The lecture is free and open to the public. For more information, call 404-727-5253.

**REligION**

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