

News You Can Use

LAST PRINTED NEWS YOU CAN USE

News You Can Use is Online

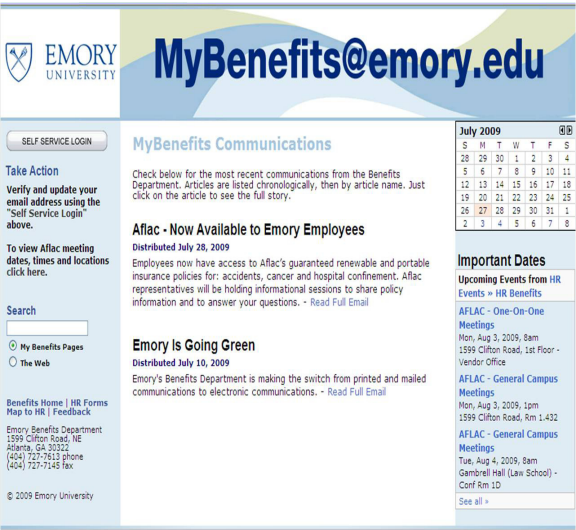


As of August 3, Emory employees will be able to access the latest edition of News You Can Use through the convenience of email and the web — www.hr.emory.edu/newsyoucanuse. News You Can Use will continue to provide important employee information regarding events, services, offerings, updates and changes. However instead of a once a month print piece, the online version will be provided twice a month.

Missed an important message? Want to review a previous article? Prior News You Can Use issues will be archived on the website, www.hr.emory.edu/newsyoucanuse, for your convenience.

So remember — when you get an e-mail from News You Can Use — take a few minutes and catch up on the latest employee news.

MyBenefits@emory.edu



Earlier this summer we announced that the Benefits Department was Going Green with its communication efforts.

An e-mail, MyBenefits@emory.edu was established to send employees important information about Emory’s benefits programs. In addition, the website www.hr.emory.edu/mybenefits was created to provide information related to the e-mail announcements as well as a place to archive benefit related communications that are sent to employees. It is important that you take a few minutes to open and read the e-mail that you receive from MyBenefits as the information provided will be helpful in understanding your benefits at Emory.

Have you received an e-mail from MyBenefits@emory.edu? If not, you may need to save our e-mail in your Address Book to ensure timely delivery to your Inbox. Learn more about how to do this by going to www.hr.emory.edu/mybenefits and clicking on the “Save Our Address” link in the left-hand column.

Aflac Now available to Emory Employees

Aflac has recently been added to Emory’s current benefit offerings. As a voluntary product, Aflac is designed to provide cash benefits directly to the employees in the case of accident or illness. These monies can help pay deductibles, co-payments or other costs of everyday living. Aflac’s policies offer guaranteed renewability and are portable.

Available Policies for Emory Employees:

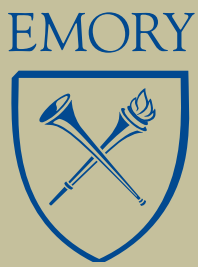
- Accident - Helps manage many of the expenses after an injury that your major medical insurance doesn’t cover.
- Cancer - Provides a cash benefit for just about every part of your treatment — from hospital stays to radiation and chemotherapy.
- Hospital - Helps individuals or families cope with high costs associated with an extended hospital stay due to sickness or injury.

Come learn more about this exciting new offer!

- Aflac representatives will be on campus hosting informational meetings during the month of August. The meetings will be held at the top of each hour and will include a 20-minute presentation, followed by a 20-minute Q & A. For a complete listing of dates, times and locations go to www.hr.emory.edu/MyBenefits.
- One-on-one enrollment meetings with an Aflac representative will also be available to employees starting in August and continuing throughout the year. These one-on-ones will be held in the 1599 Clifton Road building, 1st floor - Vendor Office. View a list of available dates at www.hr.emory.edu/MyBenefits or call 877-384-3344 to request a meeting.

Things to know

- You can sign-up at any time during the year by meeting with an Aflac representative. Set up a meeting by calling 877-384-3344 and asking for Gloria Camp.
- Aflac is a voluntary benefit program that is paid entirely by the employee and is not subsidized by Emory.
- Aflac is not intended to replace your medical or disability insurance, but instead is designed to complement your current medical insurance coverage and short-term disability plan.



News You Can Use



Wesley Woods Brings Education & Support to Caregivers at Emory

More than 23 million people provide unpaid care to an adult family member or friend, averaging approximately 21 hours of care per week. As our population ages, with boomers retiring and the sandwich generation expanding, this number will continue to grow.

While caregiving comes with financial costs for the caregiver, there are emotional costs as well. Balancing work, family and caregiving responsibilities can lead to significant anxiety and depression, as well as other health risks.

In 2007, the Work-Life Task Force recommended that Emory establish support systems for caregivers as part of the dependent care programming. The WorkLife Center and Wesley Woods have collaborated to bring *The Families in Transition Education & Support Group* to Emory employees.

The Families in Transition Education & Support Group emerged from Wesley Woods' Transitions Senior Program, which is a short-term program that provides support and treatment for seniors facing emotional or behavior difficulties. (see sidebar)

The support group, which is open to the community and free of charge, provides education, resources and support to caregivers who are facing the psychological, physical, and social challenges of caregiving. Group members are encouraged to offer support to one another, and exchange ideas and experiences to help relieve alienation and prevent caregiver burnout. Read more - visit the WorkLife Resource Center's website at www.worklife.emory.edu.

The Support Group meets:

1st and 3rd Thursday of each month
(Starting August 6, 2009)

Noon - 1:00pm

Cox Hall - Center for Women

Conference Rm, 3rd Flr

569 Asbury Circle

Atlanta, GA 30322

1st and 3rd Tuesday of each month

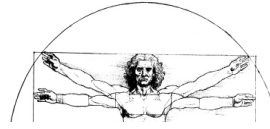
6:30pm - 7:30pm

52 Executive Park South, Ste 5200

Atlanta, GA 30329

For more information, please call Pat Rich at 404-728-6304.

The Wesley Woods Transitions Senior Program is a comprehensive short-term psychiatric outpatient program that provides support and treatment for senior adults facing emotional or behavioral health difficulties. It features coordinated, intensive treatment that is more concentrated than traditional outpatient care. The structured format provides medical monitoring plus therapeutic groups and activities. It can be used as a step-down from inpatient treatment or used for individuals needing a more intensive level of care but not hospitalization. The program enables older adults to address their illness while remaining independent at home or in the community.



Center for Health Discovery and Well Being

The Center for Health Discovery and Well Being invite you to be a part of something exciting, inspiring and designed for you. Emory faculty, staff and their immediate family members (18 years and older) can take advantage of the Center's services by enrolling at their introductory first year rate - a one time fee of \$800 or twelve monthly payroll deductions of \$66.67. This will be an out of pocket expense to you as the services are not covered by the health plan. However, your Emory FSA account can be used for Center participation.

Benefits of participating:

- Receive a Health Assessment Report with the results from over 50 lab tests, 10 physical assessments and 20 surveys
- Create your own personalized health and well being Action Plan
- Benefit from a relationship with a professional Health Partner who will support and encourage you
- Discover your biomarker profile
- Be at the leading edge of this ground breaking study of the nature of health and well being

For more information about the Center, visit www.chdwb.emory.edu or call 404-686-6190.

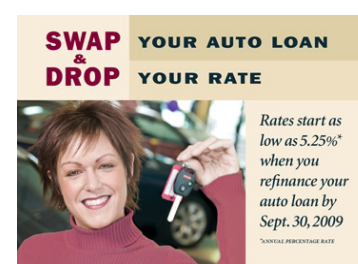
Preparing to go Back to School



Whether this is your first time preparing your child to begin school or you are sending your child off to college, the WorkLife Resource Center has compiled some helpful tips to help make the transition as successful as it can be.

Visit www.worklife.emory.edu to learn more about:

- Transitioning To The Next Level
- Special Needs
- Preparing for College
- Pre- and After-School Programs



SWAP (Your Auto Loan) & DROP (Your Rate)

Emory Alliance Credit Union is currently offering Emory employees the opportunity to lower their monthly auto payment. If you refinance your auto loan with Emory Alliance Credit Union before September 30, 2009, they will drop your current interest rate to as low as 5.25% APR.

This special offer is available if:

- Your auto balance is at least \$5,000
- Your auto is a 2005 - 2009 model
- Your auto is financed with another lender

You'll need to provide:

- Proof of your current interest rate and terms (a copy of original finance documents)
- Your current auto loan balance and payoff information
- Your most recent paycheck stub

Additional criteria applies. To learn more, contact the Emory Alliance Credit Union by calling 404-315-9242 or by going online to www.emoryacu.com.

Emory System Employee Parking and Commute Options Registration

Registration runs through August 10, 2009

Employees are required to register their commute either by going to:

- the [Transportation & Parking website](http://transportation.emory.edu) to register online and receiving the permit in the mail or
- Parking Services located at 1701 Lowergate Drive, Lowergate Parking Deck to complete a registration form in person.

Vehicle information and mailing address are required on the form.

For more information call Transportation and Parking Services at 404-727-1130 or go online to <http://transportation.emory.edu>.