STARTERS...

Shrimp and Grits
Stone ground grits with sautéed seasoned shrimp and jalapeño cheddar cheese sauce then topped with chopped cilantro. Served with grilled jalapeño foccacia bread. 9.99

Cilantro Corn Pancakes
Served over black beans and topped with an over medium egg, sour cream, salsa, shredded Vermont white cheddar and cilantro. 9.99

Burrito de Hueso Scrambled eggs with sweet yellow corn, roasted red peppers and onions, wrapped in two flour tortillas on a bed of black beans - smothered in spicy red salsa and Vermont white cheddar. 9.99

Tofu Scramble
Seasoned tofu sautéed with mixed veggies and served with whole wheat toast and your choice of potatoes or grits. 7.99

Hoppin’ Highland
Louisiana style black-eyed peas (vegetarian), served over our stone-ground grits, topped with grape tomatoes and Vermont white cheddar crisp. 5.99

Highland Breakfast
Two eggs scrambled with toast and your choice of bacon, ham, turkey sausage or S0Yage (+0.79) plus your choice of potatoes or grits. 6.99

SUBSTITUTE egg whites (+1.19) substitute seasonal fresh fruit for meat - no charge

Rustic Italian
Grilled rosemary garlic bread with melted mozzarella, sautéed mushrooms, spinach, tomatoes, onions, red peppers with an over-medium egg topped with marinara sauce, fresh basil and shredded Vermont white cheddar. Choice of grits or potatoes. 9.99

ON THE LIGHT SIDE...

Oatmeal
Rolled oats cooked to order; please allow 15 minutes. Served with steam milk and brown sugar butter. $5.99

Smoked Salmon Plate
Slices of smoked salmon on an open faced bagel with cream cheese, thin slices of red onion, fresh tomatoes, caper berries and spring mix. 11.99

Granola
We bake rolled oats, hearty grains, nuts and dried fruit daily and serve it with milk. 4.99

SWEET SIDE...

Create Your Own Omelet...
Served with potatoes or grits. 6.29 (plus filling)

SELECT the filling:
- tomato 0.79 each
- red pepper 0.79 each
- onion 0.79 each
- jalapeño 0.79 each
- cheddar cheese 0.79 each
- cream cheese 0.79 each
- mushroom 0.79 each
- black bean corn mix 1.29 each
- spinach 1.29 each
- goat cheese 1.29 each
- seasonal veggies 1.29 each
- turkey sausage 1.59 each
- bacon 1.59 each
- avocado 2.29 each
- tomato 2.29 each
- fresh mozzarella 2.29 each
- S0Yage 2.59 each

SIDES...

Turkey Sausage (2), Bacon (3), Eggs (2), Ham, S0Yage (1), Tofu, Potato, or Grits 2.59

Egg Whites 3.59

Crab Cake (1), Shrimp (2), and chicken (2), or grilled chicken strips 3.99

Smoked Salmon 5.99

CAMPUS MENU

ENTREES...

Cinnamon Roll.........small 1.79 large 2.99
Blueberry Crumb Cake....2.99
Bagels....................1.39 add cream cheese (+0.59)
Muffins.....................5 mini 2.99
................................1 large 2.59
Scone..........................2.99

Crossant..................plain 1.79
................................chocolate or strawberry 2.19
Biscuit.......................plain 1.19
................................sweet potato 1.59
................................fired chicken 4.99
Mini Donut..................0.79

Country Fried Steak Benedict
Mama Dot’s family recipe of poached eggs and country fried steak topped with our zesty jalapeño cheddar cheese sauce on a toasted biscuit. 11.99

Fried Chicken Benedict
Eggs poached medium and fried chicken topped with jalapeño cheddar cheese sauce on a toasted biscuit. 10.99

Cowboy Benedict
Two quesadillas, with seasoned black beans, Vermont white cheddar, poached eggs and hollandaise with a spicy corn relish. 9.99

Classic Eggs Benedict
Two poached eggs, Canadian bacon topped with hollandaise on a toasted whole wheat English muffin. 8.99

Crabcakes Benedict
Two Lump crabcakes, poached eggs and sautéed spinach, topped with hollandaise and served on a toasted whole wheat English muffin. 13.49

BENEDICTS...

Served with choice of grits or potatoes (except Cowboy Benedict)

Sweet Potato Pancakes
Lightly sweet Southern style pancakes served with a warm caramelized brown sugar syrup and toasted pecans. 6.99

1/2 order 3.99

Ricotta Pancakes
Three pancakes with warm blueberry compote. 6.99

1/2 order 3.99

French Toast
Super thick slices of challah bread, topped with French cream and served with brown sugar butter on the side. 6.29

1/2 order 3.59

Peanut Butter French Toast
Challah bread filled with peanut butter, chopped pecans, and powdered sugar, dipped in batter, crusted with bran flakes and topped with caramelized bananas in brown sugar butter. 9.99

CREATE YOUR OWN OMELET...
Served with potatoes or grits. 6.29 (plus filling)

ON THE LIGHT SIDE...

Turkey Sausage (2), Bacon (3), Eggs (2), Ham, S0Yage (1), Tofu, Potato, or Grits 2.59

Egg Whites 3.59

Crab Cake (1), Shrimp (2), and chicken (2), or grilled chicken strips 3.99

Smoked Salmon 5.99

Smoked Salmon 5.99

Granola
We bake rolled oats, hearty grains, nuts and dried fruit daily and serve it with milk. 4.99

Smoked Salmon Plate
Slices of smoked salmon on an open faced bagel with cream cheese, thin slices of red onion, fresh tomatoes, caper berries and spring mix. 11.99

SIDES...

Tomatoes, Peanut Butter or Jalapeño Cheese.................................1.29 each
Turkey, Sausage (2), Bacon (3), Eggs (2), Ham, S0Yage (1), Tofu, Potato, or Grits 2.59
Egg Whites 3.59
Crab Cake (1), Shrimp (2), and chicken (2), or grilled chicken strips 3.99
Smoked Salmon 5.99

Breakfast Sandwiches
turkey sausage, ham, or bacon 2.59
bread choices: biscuit, bagel, rosemary garlic, whole wheat, honey wheat, sourdough, ciabatta, rye, cranberry walnut (+0.79), croissant (+1.19) or jalapeño foccacia (+2.59)
Egg only 3.29 Egg & cheese 3.99
Egg & meat 5.89 Egg & meat & cheese 5.79

Oatmeal
Rolled oats cooked to order; please allow 15 minutes. Served with steamed milk and brown sugar butter. $5.99

Smoked Salmon Plate
Slices of smoked salmon on an open faced bagel with cream cheese, thin slices of red onion, fresh tomatoes, caper berries and spring mix. 11.99

Granola
We bake rolled oats, hearty grains, nuts and dried fruit daily and serve it with milk. 4.99

Smoked Salmon Plate
Slices of smoked salmon on an open faced bagel with cream cheese, thin slices of red onion, fresh tomatoes, caper berries and spring mix. 11.99

Granola
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Slices of smoked salmon on an open faced bagel with cream cheese, thin slices of red onion, fresh tomatoes, caper berries and spring mix. 11.99
**SANDWICHES...**

**Served with chips and a pickle.**
Substitute grits or potatoes (+ 1.19)
Substitute a house salad, spinach salad or fresh fruit (+ 2.29)
Substitute a cup of soup or chicken chili (+ 3.09)
Substitute grilled jalapeño focaccia bread on your sandwich (+ 2.59)

- **Caprese Salad**
  Fresh mozzarella, basil and tomatoes on a bed of mixed greens - served with balsamic vinaigrette and toasted baguette slices.  8.99
- **Italian Chicken**
  Red pepper pesto*, fresh basil and tomato with roasted chicken on ciabatta bread.  9.99
  *pesto contains nuts
- **Bayou Crabcake “Burger”**
  Grilled lump crab meat - served with a spicy remoulade sauce and mixed greens on a grilled Kaiser roll. 10.99
- **Thai Peanut Wrap**
  Chicken or tofu with glass noodles, basil, carrots, red peppers, peanut sauce* and mixed greens, wrapped in a flour tortilla. 8.99
  *sub shrimp (+ 2.99)
  *peanut sauce contains nuts
- **Italian Vegetable**
  Roasted red pepper, zucchini, squash, mushrooms with red pepper pesto*, fresh basil and tomato on ciabatta bread.  9.99
  *pesto contains nuts
- **Roast Beef**
  Roast beef topped with fresh mixed greens, tomato, onion, Vermont white cheddar and our spicy remoulade on grilled sourdough. 8.99
- **Thai Peanut Wrap**
  Corned beef, swiss cheese, sauerkraut and spicy Russian dressing served on grilled rye bread. 9.99
- **Reuben**
  Corned beef, spicy mustard and swiss cheese served on grilled rye bread. 8.99
- **Roast Turkey**
  Herbed turkey with apricot mayo, avocado, tomato and lettuce dressed with balsamic vinaigrette on grilled Honey Wheat. 8.99
- **Corned Beef**
  Corned beef, spicy mustard and swiss cheese served on grilled rye bread. 8.99
- **Hummus**
  Hummus spread on grilled sourdough with Vermont white cheddar, tomatoes, spring mix, red onion and balsamic vinaigrette. 8.99
- **Highland Ham & Cheese**
  Vermont white cheddar cheese melted with black forest ham - served with garlic mayo, balsamic vinaigrette, spring mix and tomato on a grilled baguette. 8.99
- **Pimento Cheese Sandwich**
  Vermont white cheddar and pimento cheese with tomato slices on grilled sourdough. 7.99
  *add bacon (+ 1.59)
- **Albacore Tuna Salad Sandwich**
  Made with marinated tuna, fresh onions and cucumber - served with balsamic vinaigrette, lettuce and tomato on a grilled Kaiser roll. 7.99
- **Mediterranean**
  Rosemary bread grilled and layered with fresh basil pesto*, goat cheese, spring mix and ripe tomatoes. 7.99
  *add roasted turkey (+1.00)
  *pesto contains nuts
- **Curried Chicken Salad Sandwich**
  Roasted chicken salad* made with red grapes, curried mayo and toasted pecans - served with lettuce and tomato on a Kaiser roll. 8.99
  *contains nuts
- **Grilled Cheese**
  Vermont white cheddar on Rosemary Garlic bread. 6.99
  *add bacon or avocado (+ 1.59)
- **“The Hill!” Grill**
  Grilled chicken breast with arugula, goat cheese, fig preserves and a balsamic glaze on fresh ciabatta bread. 9.99

**Drink Choices...**

- **Americano** 2.20 2.65 2.95
- **Cappuccino** 2.90 3.65 3.95
- **Mocha** 3.40 4.10 4.45
- **White Mocha** 3.40 4.10 4.45
- **Café Au Lait** 2.35 2.65 2.95
- **Café Latte** 2.90 3.65 3.95
- **Shot in the Dark** 2.00 2.60 2.90
- **Chai Latte** 3.25 3.85 4.20
- **Iced Coffee** 1.95 2.40 2.95
- **Single Espresso** 1.90
- **Double Espresso** 2.20

The consumption of raw or undercooked meats, poultry, seafood, shellfish, eggs or unpasteurized milk may increase your risk of food-borne illness.