

Crabtree, Charity

From: Crabtree, Charity
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Cc: Partlett, Nan
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Dear Members and Friends of the Emeritus College,

It was great seeing so many of you at the reception Tuesday! In all the excitement, I neglected to include several important announcements in the weekly Emeritus College Announcements. I have included these below. (It's been a busy week!!)

Please note the following:

- 1) **Volunteer Emory Service Fair (September 8th and 9th)**
- 2) **Launch of *Journal of Family Life* (September 16th)**
- 3) **Step UP Emory Talks: William O'Neal (September 15th) and Rosalynn Carter (September 18th)**
- 4) **Celebrating 50 Years of Sorority Life (September 26th)**
- 5) **Emory Spirit Day (September 26th)**

Charity ☺

1) Volunteer Emory to host a service fair by Margie Fishman

It was a bittersweet homecoming for Center for Women Director Dona Yarbrough when she traveled to Leland, Miss., last spring with nine other Emory volunteers to build homes for Habitat for Humanity.

As part of [Volunteer Emory's](#) alternative spring break, the group stained cabinets, and hung sheetrock by day. By night, they dined on country fried steak and green beans with fatback, serenaded by a youth choir.

With shotgun shacks bursting at the seams, Leland offered a window into the rural South and domestic poverty for the student and staff volunteers, who "sometimes forget that it's in our own backyard," says Yarbrough, who grew up there.

"I knew I was going to be doing a good thing," she adds. "I didn't realize that I was going to love it as much as I did."

This fall, Volunteer Emory is offering a number of opportunities for faculty and staff to give back. Founded by two Emory undergraduates in 1980, the program is part of the Office of Student Leadership & Service and organizes at least

15 weekly service trips for students, faculty, staff and alumni.

Faculty and staff can choose to volunteer alongside Emory students or volunteer individually or in small groups, from training shelter dogs in basic obedience to leading naturalization classes for new Americans. Volunteer Emory will host a fair on Sept. 8 and 9, where prospective volunteers can connect with 20 different community agencies. Later in September, volunteers are needed to lead games at a sports camp that brings 100 students from local elementary schools to campus.

The spirit of service kicked off last week when the University hosted three annual service days for public health students, freshmen and sophomores at Rollins-teer Service Day, Freshman Service Day and Sophomores Serve. Students' efforts supported community agencies such as PushPush Theater, Samaritan House of Atlanta and the Eastside Parks Network.

Fostering meaningful community partnerships for students is aligned with the University's strategic mission to prepare engaged scholars, says Volunteer Emory Coordinator Harold McNaron.

Faculty and staff will lead three alternative fall break trips for students this year, building homes in Americus, Ga., working in a Savannah food bank and conducting outreach for the Atlanta Harm Reduction Center, a public health program closer to home.

While those slots are full, McNaron is still recruiting group leaders for an alternative spring break trip helping seniors with home repairs in southwest Virginia, and for Emory Cares Day in November. That is when the University and its global network of alumni coordinate service projects, ranging from removing invasive plants from a local nature preserve to making thousands of peanut butter and jelly sandwiches for the homeless.

Many volunteer opportunities are hands-on, says McNaron, who is working with the Office of University-Community Partnerships to encourage faculty and staff to use their academic research or job expertise to benefit local agencies.

“Working alongside students affords a different connection for faculty and staff than they would normally get from the classroom or an administrative perspective,” he says.

(Emory Report, August 31, 2009)

2) Journal of Family Life Launch



Please help us celebrate the launch of **Journal of Family Life**

Wednesday, September 16th

4-6 p.m.

Psychology Building, Room 280

36 Eagle Row

Emory University

Free and open to the public

Light refreshments available

3) Step UP: Embrace Your Mind and Spirit

Each day, people struggle with mental health issues, whether it's everyday stress, situational stress such as grief, or something more severe. Therefore, it is important to understand that there are various situations which can affect your mental wellbeing.

Beginning September 8, Step UP Emory's website, www.stepup.emory.edu, will feature assessment tools, expert information and resources on topics such as reducing everyday stress, stages of change and managing mental illness. Step UP Emory will also host two events focusing on mental wellness.

A Visit from former First Lady Rosalynn Carter

Join us for a special mental health forum featuring remarks from Mrs. Carter, who has dedicated 35 years of her career to helping people with mental illnesses and continues her work through the Carter Center's Mental Health Program. Mrs. Carter's address will be followed by a discussion panel of experts who will provide additional information about mental health disorders, treatment, prevention, early intervention and resilience.

Friday, September 18, 1 p.m. – 2:30 p.m.

Emory University Cox Hall, 3rd Floor Ballroom

(Pre-register at www.emoryhealthcare.org. Click on Events in the blue navigation bar.

Select “For Employees” in the pull-down menu.)



Seven Keys for Maintaining Personal Enthusiasm

Motivational speaker and trainer William O'Neal will share his inspiring messages on developing your potential and unleashing your greatness.

Tuesday, September 15

11 a.m. – 11:30 a.m.



Emory University Hospital Auditorium
(No registration necessary)

For more information, visit Step UP Emory at www.stepup.emory.edu beginning September 8.

4) Celebrating 50 Years of Sorority Life. This event pays tribute to a half century of Emory's sororities. Co-sponsored by the Center of Women, Office of Sorority and Fraternity life, and Alumnae and Women at Emory (AWE). A panel moderated by Jody Usher, Co-Director of the Transforming Community Project, will discuss Emory sororities in relation to the women's and civil rights movements, and their impact on the evolution of women's leadership at Emory. **Saturday, September 26, 2009, Winship Ballroom (DUC).**

Panel Discussion, 10:30-11:30 a.m.

Light Refreshments, 11:30-Noon.



5) Emory Spirit Day

Catch the Spirit!

Show your Emory colors for a day.

Enjoy the benefits for a lifetime.

Whether you're on campus for Emory Homecoming Weekend 2009 or anywhere else around the world, you can catch the Emory spirit on September 26.

By wearing an Emory shirt or donning your Eagle cap, you can show the world you are proud to be Emory and can even find other Emory alumni right in your own community. These days, more than ever, the value of the Emory alumni network can't be beaten. Save 15%! Now through September 30, you can catch the Emory spirit at a discount! Visit

www.emory.bkstr.com, enter "Spirit 2009," and save 15% on all Emory clothing and gifts. (Enter the discount code in the comment section of your order. The discount will be processed after your order has been confirmed.)

To learn more about Emory Spirit Day and how you can benefit, visit www.alumni.emory.edu/spiritday. Mark your calendar now to catch the spirit on September 26.

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Your work is to discover your world and then with all your heart give yourself to it. - Buddha

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